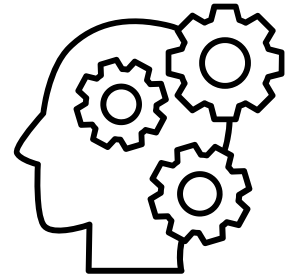




# Critical Thinking

## Course Description

Critical Thinking is the skill and practice of examining our thoughts in order to expose the flaws and biases inherent in our thinking.



## Outcomes:

- Develop attributes and use inquiry to activate personal critical thinking
- Expose our thinking process and improve its quality to lead to better decisions
- Learn different proven models to analyze ideas methodically from multiple perspectives
- Spark creative thinking and idea generation

## The Mindset and Tools of Critical Thinking

- How critical thinking helps your thinking get better
- How to quickly check your thinking in real-world situations
- How to develop a mindset so you'll think critically when it matters
- How emotions block thinking and what you can do about it

## Outcomes:

- The ability to quickly question your thinking when it matters
- The ability to get intelligent thought going, even when emotions are high

## Problem Solving – Make Thoughtful Decisions

- Understanding how we build our worldview and how to check it for biases
- Cognitive biases. How your brain fools you into believing something that isn't true.
- Critical thinking methodology for problem solving
- Fighting the "First Solution" bias

## Outcomes:

- Understanding of how we jump to conclusions and what to do about it
- The ability to make fast, clear, and thoughtful decisions