



Giving and Receiving Feedback

Course Description

Giving and Receiving Feedback is a foundational course geared towards managers that covers the basics of a subject many people find difficult. Participants explore a systems approach rooted in allyship to giving and receiving feedback that is flexible and holistic. Our approach is still grounded in observable, situational details but takes giving and receiving feedback a step farther, resulting in unique and authentic feedback that is more likely to be heard, understood, embraced and acted upon.

Outcomes:

- Define and prioritize allyship when giving feedback
- Learn and practice our FOR-A feedback model through the lens of situational understanding
- Learn to “lean into” receiving feedback from a growth perspective
- Use the circuitry of giving and receiving feedback to enhance your approach

Course Outline:

- Define and prioritize Allyship
- Intro to the FOR-A Model for giving impactful feedback
- Define & Refine: a model for refining the 4 steps of FOR-A
- Applying the models to provide thoughtful, authentic, and impactful feedback
- Intro to the Lean in Practice for receiving feedback well
- How giving and receiving feedback work together like a circuit