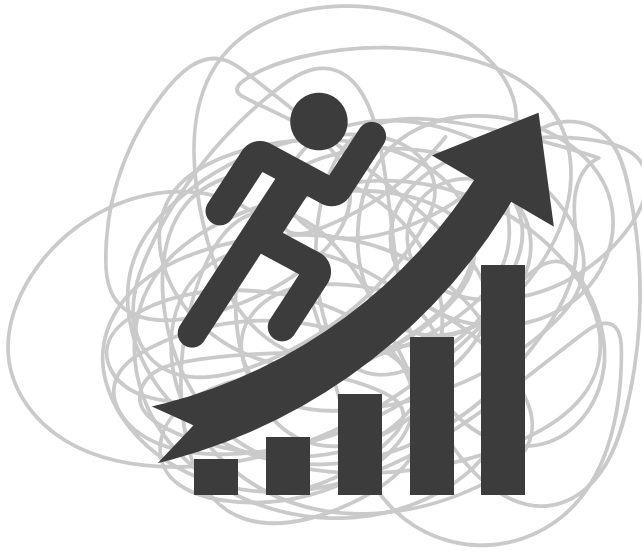




# Thrive in Chaos

## Course Description

This workshop will teach you how to turn disorder into challenges that you can face. You will learn how to manage the areas of life you can control and rely on your expert intuition to make decisions during chaotic moments.



## Course Outline

- Origins of a chaotic work environment
- 3 choices for dealing with chaos
- The positive side of chaos
- Circles of control
- How to respond when manipulated or provoked
- Befriend and challenge response
- Intuition for decision making

## Outcomes

- Analyze the origins and effects of chaotic work environments
- Explore 3 choices to deal with chaos
- How to respond when something is out of your control
- Learn to make decisions under pressure